



योग: कर्मसु कौशलम्
IN PURSUIT OF PERFECTION

Vivekananda Institute of Professional Studies Vivekananda School of Information Technology

SpARC Wing-Delhi Zone

Services for Under-Graduate and Post-Graduate Students

September 2019

The world has seen considerable progress in material and technological terms over the last century. Today, there is a heightened awareness that sustainable development is possible only by adopting a values-based framework. More and more people from all walks of life are recognizing the need for spiritual development to cope with the pressures of day to day life.

In the past, the topics of thought & consciousness, wisdom & morality and the meaning & purpose of life, have remained the debating ground of Philosophers and Theologians but have not yielded fruits that benefit humanity at large.

The Spiritual Applications Research Centre (SpARC), a service wing of Rajyoga Education and Research Foundation, Brahmakumaris was formed in 1995 as an internal research group that would dedicate itself to exploring and experimenting with applications of the spiritual knowledge of this institution towards the cause of world service. The Vision that this wing holds is -Building a better tomorrow through applied spirituality.

Vivekanand Institute for Professional Studies, Pitampura, Delhi

A new initiative “Living with purpose “was launched by the SpARC wing for Postgraduate students at Vivekanand Institute of Professional Studies (VIPS) in September. The first session was well attended by 40 Students along with the Faculty and Dean of the college. The Session was initiated by BK Prachi, Faculty, SpARC wing. She gave insight on the topic by giving PowerPoint presentations. She emphasized the importance of having a purpose in life and then moving in a steady way to achieve it. BK Samina Behn, Faculty, SpARC wing, focused on that every day we need live for our purpose. She Quoted Swami Vivekananda about how he made his dreams come true by being determined. She conducted a small

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workshop on this as well. Vote of thanks was given by Dr Neha, Ass. Prof. at VIPS, who also coordinated the entire Program.

